

SMSA Sailing Lessons for Summer 2018



Our sailing lessons are offered to anyone age six and up. Our courses are taught by US Sailing certified instructors including First Aid and CPR training.

The classes emphasize safety, learning, and foremost FUN, by teaching sailing, seamanship and navigational skills, plus an introduction to racing. Students improve their self-reliance, sportsmanship, knowledge, and respect for the environment while ensuring boating safety awareness.

Combining classroom and on the water time, sessions are designed to teach basic skills to beginners and hone the skills of more advanced students. The SMSA sailing program uses Optimists, Club 420 and Sunfish sailboats.

Sailing is Fun!

Our Mission -

The SMSA Sailing program provides a safe, fun and educational sailing environment.

Our goal is to facilitate the development of fundamental and advanced sailing skills while fostering an environment that imparts the love of sailing and the water. Our curriculum is designed to build each sailor's skill set in an incremental development method. This develops skilled and confident sailors who learn to work together, care for equipment and the Bay, and build lasting friendships.

Who Can Take Our Classes?

The program is open to SMSA members and Non-members.*

Prices:

Kids Intro to Sail, Beginner Dinghy, Teen Beginner Sailing: \$295* Intermediate Dinghy Sailing—2 weeks: \$530* Advanced Dinghy/Racing Intro 2 weeks: \$530.*

Adult Learn to Sail: \$TBD [Open to SMSA members only]. Not a member? Become one today!

*Course fee includes SMSA Junior Membership. 2018 SMSA members receive \$60 off any Junior class .

Southern Maryland Sailing Association

Contact Us

Southern Maryland Sailing Association

www.smsa.com

Email: Junior@smsa.com

SMSA

Sailing is Fun!



Sailing Camps for Juniors and Adults

Southern Maryland Sailing Association



www.smsa.com

Email: Junior@SMSA.com

Course Descriptions

Kids Intro to Sailing

9:00am to 4:00pm Monday thru Friday

This course is designed to give the youngest sailors in our program an introduction to the Chesapeake Bay and sailing. The class is designed for sailors ages 6-7. Emphasis will be placed on fun, teamwork, and enjoying the water. All participants must be able to pass a minimal swim test. Ages 6– 7.

Beginner Dinghy Sailing

9:00am to 4:00pm Monday thru Friday

This class offers instruction for beginners by introducing basic seamanship including rigging, steering, and beginner sailing. Emphasis is placed on safety, learning, and fun. Students are introduced to water safety through classroom and on the water activities. Students will learn boat controls, basic sailing maneuvers, basic seamanship, and wind direction. This course is for children ages 8-12

Intermediate Dinghy Sailing - 2 week Course

9:00am to 4:00pm Monday thru Friday

This class is for the intermediate junior sailor who wants to improve their sailing skills. Students who have previously been enrolled in a sailing class with SMSA or have other sailing experience are invited to join. The class emphasizes advancing the students' skills of seamanship, boat handling, water safety and of course FUN!

Teen Beginner Sailing

9:00am to 4:00pm Monday thru Friday

Young teens and tweens interested in learning to sail will be introduced to the fun of sailing in a social environment. With 2 students working together to sail the boat they get all the fun & learning they crave. Ages 12-16.

Advanced Dinghy Sailing/Racing Intro

9:00am to 4:00pm Monday thru Friday

This is a two week class for the intermediate junior sailor to enhance their boat handling and boat racing skills. Prior sailing class experience or sailing experience is necessary as basic instruction will NOT be provided. Ages 12-16. This course is an excellent introduction for the fall and spring SMSA High School./Middle School sailing team programs.

Adult Learn to Sail

Visit www.smsa.com for details.

Our Adult Sailing program is taught on small keelboats. This course focuses on the fundamentals of small boat sailing. The course is open to any SMSA member interested in learning or improving their small boat sailing skills. The course is open to students 16 and up. The Adult Sailing program schedule will be posted at smsa.com

Program Dates

Kids Intro to Sailing 9am—4pm

June 11— 15 July 2 — 6

July 9—13 August 13—17

Beginner Dinghy Sailing 9am-4pm

June 11— 15 June 18 — 22

June 25 — 29 July 2—6

July 9 — 13 July 16 —20

July 23 — 27 July 30 — August 3

August 6 — 10 August 13 — 17

Intermediate Dinghy Sailing

2 week course 9am-4pm

June 18—29 July 2—July 13

July 16 — July 27 July 30 — August 10

Teen Beginner Sailing 9am-4pm

June 11—15 June 18 — 22

June 25 — 29 July 30 — August 3

Advanced Dinghy Sailing/Racing Intro

2 week course 9am-4pm

July 16 — 27 August 6 — 17

To Register

Visit www.smsa.com and click on **Junior Camps**

Questions? Contact the Junior Chair via email at junior@smsa.com