# SMSA Brings Sailing Lessons to you for Summer 2017



Our sailing lessons are offered to anyone age six and up. Our courses are taught by US Sailing certified instructors including First Aid and CPR training. We utilize the US Sailing Small Boat Sailor Certification record book to document a sailor's skill levels. facilitating progress to more advanced classes.

The classes emphasize safety, learning, and foremost FUN, by teaching sailing, seamanship and navigational skills, plus an introduction to racing. Students improve their self-reliance, sportsmanship, knowledge, and respect for the environment while ensuring boating safety awareness.

Combining classroom and on the water time, sessions are designed to teach basic skills to beginners and hone the skills of more advanced students. The SMSA sail ing program uses Optimists, Sunfish, and Club 420 sailboats.

Sailing is Fun!

#### Our Mission -

The SMSA Sailing program will provide a safe, fun and educational sailing environment.

Our goal is to facilitate the development of the fundamental and advanced skills of sailing while fostering an environment that imparts the love of sailing and the water. Our curriculum is designed to build each sailor's skill set in an incremental development method. This develops skilled and confident sailors who learn to work together, care for equipment and the Bay, and build lasting friendships.

#### Who Can Take Our Classes?

The program is open to SMSA members and Non-members\*.

#### Prices:

Kids Intro to Sail: \$195 Half-Day/\$295 Full Day\*

Beginner Dinghy, Intermediate Dinghy, & Teen Beginner Sailing \$295\*

Advanced Dinghy Sailing/Racing Intro: \$530

\*Course fee includes SMSA Junior Membership. Current year SMSA members receive \$60 off any Junior class.

Adult Learn to Sail: \$20 [Open to SMSA members only]. Not a member? Become one today!

**Southern Maryland Sailing Association** 

Contact US

Southern Maryland Sailing

Association

www.smsa.com
Email: Junior@smsa.com

SMS



Sailing Camps for Juniors and Adults

## Southern Maryland Sailing Association



www.smsa.com

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# **Course Descriptions**

#### Kids Intro to Sailing

Half Day: 9:00am to 12:15pm Monday thru Friday

Full Day: 9:00am to 4:00pm Monday thru Friday

This course is designed to give the youngest sailors in our program an introduction to the Chesapeake Bay and sailing. The class is designed for sailors ages 6-7. Emphasis will be placed on fun, teamwork, and enjoying the water. Ages 6–7.

### **Beginner Dinghy Sailing**

9:00am to 4:00pm Monday thru Friday

This class offers instruction for beginners by introducing basic seamanship including rigging, steering, and beginner sailing. Emphasis is placed on safety, learning, and fun. Students are introduced to water safety through classroom and on the water activities. Students will learn boat controls, basic sailing maneuvers, basic seamanship, and wind direction. This course is for children ages 8-12

#### Intermediate Dinghy Sailing

9:00am to 4:00pm Monday thru Friday

This class is for the intermediate junior sailor who wants to improve their sailing skills. Students who have previously been enrolled in a sailing class with SMSA or have other sailing experience are invited to join. The class emphasizes improving the students' basic skills of seamanship, and of course FUN! Ages 8—12.

#### Teen Beginner Sailing

9:00am to 4:00pm Monday thru Friday

Young teens and tweens interested in learning to sail will be introduced to the fun of sailing in a social environment. With 2 students working together to sail the boat they get all the fun & learning they crave. Ages 12-16.

### Advanced Dinghy Sailing/Racing Intro

9:00am to 4:00pm Monday thru Friday

This is a two week class for the intermediate junior sailor to enhance their boat handling and boat racing skills. Prior sailing class experience or sailing experience is necessary as basic instruction will NOT be provided. Ages 12—16.

#### Adult Learn to Sail

9:00am to 4:00pm 2 weeks, Sat and Sun

Our Adult Sailing program is taught on Sunfish, 420s, and small keelboats. This course focuses on the fundamentals of small boat sailing. The course is open to any sailor interested in learning or improving their small boat sailing skills. The course is open to all students 16 and up.

# **Program Dates**

Kids Intro to Sailing 9am—4pm
Kids Intro to Sailing (1/2d) 9am—12:15pm
June 19—23 July 3—7

July 24-28

Beginner Dinghy Sailing 9am-4pm Intermediate Dinghy Sailing 9am-4pm

June 19–23 June 26–30

July 3—7 July 10—14

July 17—21 July 24—28

July31—Aug 4 August 7—11

August 14-18

Teen Beginner Sailing 9am-4pm

June 26-30 July 31—Aug 4

Advanced Dinghy Sailing/Racing Intro

2 Week course 9am-4pm

July 10-21 Aug 7—18

Adult Learn to Sail Sat & Sun, 9am-4pm See Website for Dates

# To Register

Visit www.smsa.com and click on Junior Camps

Ouestions? Contact the Junior Chair via email at junior@smsa.com